



Town of Needham, Massachusetts Media Release

Office of the Town Manager
Town Hall, 1471 Highland Ave, Needham, MA 02492

FOR IMMEDIATE RELEASE

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Needham Domestic Violence Action Committee Hosts Book Club Featuring New York Times Top 10 Book “No Visible Bruises: What We Don’t Know About Domestic Violence Can Kill Us.”

Event to Feature Expert-led Discussion About the Roots of Domestic Violence, Its Consequences and What it Will Take to Stop It.

NEEDHAM – Monday, January 13, 2020 – The Needham Domestic Violence Action Committee (DVAC) will explore the issue of domestic violence, its origins, consequences and the many myths surrounding the topic when experts meet to discuss the *New York Times* 2019 Top 10 Book *No Visible Bruises: What We Don’t Know About Domestic Violence Can Kill Us*.

The public is invited to attend the book club discussion, which will be held **Wednesday, January 29 at 7 pm at the Needham Free Public Library**. The discussion will focus on understanding the dynamics of abuse outlined in the book and how to support a loved one who may be in an abusive relationship. Interested individuals can borrow copies of the book in advance from the Library, a co-sponsor of the event. The book is also available as an audiobook through [Audible](#). There is no requirement to have read the book to attend the discussion. The discussion will be facilitated by Jessica Teperow and Lauren Montanaro from [REACH Beyond Domestic Violence](#).

No Visible Bruises is written by award-winning journalist Rachel Louise Snyder. Snyder details the findings of her investigation into the true scope of domestic violence, sharing intimate stories of victims, perpetrators, law enforcement and others as she illustrates just how wrong some of our beliefs about this hidden violence truly are.

Snyder’s book has earned praise from *Esquire*, *The Washington Post*, *Publisher’s Weekly* and many more. Acclaimed playwright Eve Ensler called it “A seminal and breathtaking account of why home is the most dangerous place to be a woman . . . A tour de force.”

EVENT DETAILS

WHAT: *No Visible Bruises* book club discussion

WHO: Hosted by Needham Domestic Violence Action Committee

WHEN: Wednesday, January 29th @ 7 pm

WHERE: Needham Free Public Library, 1139 Highland Ave., Needham

Registration is not required for this FREE event. All are welcome.

About Domestic Violence

In Massachusetts, the U.S. Centers for Disease Control and Prevention estimates that one in four women and one in 10 men will experience intimate partner violence in their lifetime

Domestic Violence (also known as partner abuse, battering, woman abuse, intimate partner violence, dating violence, etc.) can be defined as a pattern of intentional violent or controlling behavior by a person who is currently, or was previously, in an intimate relationship with the victim.

Violent behaviors and methods of coercion may include physical abuse or the threat of physical abuse, sexual assault, psychological abuse, progressive social isolation, humiliation, intimidation, fear, deprivation, or economic coercion. Battering occurs across all racial, ethnic, religious, age, and socio-economic lines, and occurs in both heterosexual and same-sex relationships.

About Needham DVAC

The Needham Domestic Violence Action Committee is a community-based committee formed to raise awareness on domestic violence. DVAC educates the community, schools, and workplace and provides them with outreach programs, resources and referral services. Members include police officers, attorneys, residents, nurses, businesses, members of the Board of Health, Youth Commission, Norfolk's County Sheriff's Office, Women's Democrats, the Council of Aging, REACH Beyond Domestic Violence, Needham Housing Authority and the Exchange Club.

[REACH Beyond Domestic Violence](#) is a non-profit organization providing safety and support to survivors of abuse while engaging communities to promote healthy relationships and prevent domestic violence.

Domestic Violence Resources:

- Elder Abuse Hotline: 800-922-2275
- Needham Health Department: 781-455-7500 Ext 511
- [Needham Police Department](#): 781-455-7570
- REACH (24 hr hotline): 800-899-4000
- Riverside Mental Health Services: 800-529-5077

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