

Board of Health

Edward Cosgrove, PhD Chair Stephen Epstein, MD, MPP Member Jane Fogg, MD, MPH Vice Chair

ARTICLE 8

RULES AND REGULATIONS GOVERNING THE PRACTICE OF MASSAGE AND THE CONDUCT OF ESTABLISHMENT FOR THE GIVING OF MASSAGE, VAPORS, POOL SHOWER OR OTHER BATHS

SECTION 8.1 <u>DEFINITIONS</u>

<u>Massage</u>: means the manipulation or conditioning of part or parts of the body by manual, mechanical or other means as a beauty treatment, for purported health or medical treatment, or for the purpose of invigoration.

<u>Establishment For Giving Massage: or Vapor, Pool, Shower, or Other, Baths:</u> means the office place of business, or premises where massage is practiced or where therapeutic or conditioning bathes of water, vapor, or other substance are given.

Approved: means approved by the Board of Health of the Town of Needham.

<u>Approved Certificate of Massage</u>: means a certificate of completion which meets the standards of a state or national professional association or institute with specific emphasis on courses on the art and science of massage, which includes both theory and practice.

<u>Person:</u> means corporation, company, association, society, firm partnership and joint stock company as well as an individual, male or female, as the case may be.

SECTION 8.2 PERSONAL LICENSURE

- **8.2.1** License No person shall practice massage or conduct for the giving of massage; or vapor, pool, shower, or other baths for hire or reward, or advertise or hold himself out as being engaged in the business of massage or the giving of said baths in the Town of Needham without being licensed therefor from the Board of Health.
- **8.2.2 Requirements** No person shall be licensed to practice massage or conduct an establishment for giving massage; or vapor, pool, shower, or other baths unless he or she meets the following requirements:
 - (a) Be twenty-one (21) years of age or older.
 - (b) Be of good moral and ethical character.
 - (c) Submit to the Board of Health a completed application form containing all the information requested by said form.

- (d) Has received an approved certificate in massage.
- **8.2.3** Fee The fee for such license shall be as established by the Board of Health and as listed under Article 17, Board of Health Regulations, Permits and License Fees.
- **8.2.4** License Expiration Licenses shall automatically expire on December 31st of each year.

SECTION 8.3 <u>ESTABLISHMENT LICENSURE</u>

- **8.3.1** *License* Every establishment for the giving of massage; or vapor, pool, shower, or other baths shall be licensed by the Board of Health.
- **8.3.2** *Requirements* Every establishment for the giving of massage; or vapor, pool, shower, or other baths shall meet the following:
 - (a) It shall be well-lighted and well-ventilated.
 - (b) No room used by the licensee in the conduct of this business shall be used as a bedroom.
 - (c) There shall be approved toilet and washing facilities within the premises, readily available to the patients and affording sufficient privacy. Each shower shall have a foot tub with a 0.3 to 0.6 percent privacy. Each shower shall have a foot tub with 0.3 to 0.6 per cent solution of available chlorine or its equal as a disinfectant. Every establishment shall be equipped with the following minimum facilities: one women's toilet and lavatory and one men's toilet, urinal and lavatory for each 40 patrons or fraction thereof.
 - (d) Where patrons of both sexes are accommodated at the same time adequate arrangements shall be made for separation of rooms and facilities used by each sex.
 - (e) All rooms of the establishment and furniture and equipment therein shall be kept clean at all times.
 - (f) All rooms used for reception and treatment of patrons shall be arranged so as to afford adequate fire protection and shall have satisfactory means of egress in case of fire as approved by the Building Inspector.
 - (g) All robes, sheets, blankets, pillow cases, wearing apparel, or other materials which may come in direct contact with the body shall be adequately cleaned and washed after each use according to latest modern methods.
 - (h) All equipment, instruments and devices which may come in contact with the body shall be subjected to an approved bactericidal treatment after each use by (a) Immersion for at least two (2) minutes in a lukewarm chlorine bath containing at least 50 p.p.m. of available chlorine or its equal or (b) Immersion in hot water of over a temperature of 170 degrees fahrenheit for at least two minutes. If the equipment, instruments and devices which may come in contact with the body can not be subjected to treatment as found in items (a) and (b) of Section 3.2.I. an impervious sheeting shall be supplied by the owner and put on the surface of contact and shall be discarded after each use.
 - (i) Every individual employed by an establishment for the giving of massage; or vapor, pool, shower, or other baths shall be licensed under Section 2 hereof.
- **8.3.3** Fee The fee for such a license shall be as established by the Board of Health and as listed under Article 17, Board of Health Regulations, Permits and License Fees.
- **8.3.4** License Expiration Licenses shall automatically expire on December 31st of each year.

SECTION 8.4 EXCEPTIONS AND EXCLUSIONS

- **8.4.1 Persons Excepted** Physicians, physical therapists, or chiropodist (podiatrists) registered in the Commonwealth of MA are excluded. A person registered as a barber or an apprentice under the provisions of Section 87 or Section 87 I of Chapter 112 of the General Laws or as a hairdresser, operator, or a student under the provisions of Section 87 T to 87 JJ, inclusive, of said Chapter 112 of the General Laws may practice facial and scalp massage being licensed under this Chapter.
- **8.4.2** Exceptions In Cases of Persons Licensed By Other Communities A person licensed to practice massage or conduct an establishment in any other Town in the Commonwealth may, at the request of a physician, attend patients, specified by the physician, in Needham. He shall, if requested, submit to the Board of Health a copy of his license from another community and written confirmation of the physician's request.
- **8.4.3** Establishment Exceptions Hospitals, nursing and convalescent homes, and other similar licensed institutions where massage and baths may be given, are excluded from the definition of an Establishment.

Date Regulation Passed: 10/15/70 Amended 1988, 1995, 2002