



Needham Youth Services

Single Parent Support Group

Program Evaluation

What did you gain from participating in this group?

- Greater confidence that I'm doing things right in regards to utilizing the proper resources and outlets as a single parent.
- Great support!
- Hear about common experiences; tips and strategies on dealing with parenting issues.
- Great to know others share same issues/concerns; good not to be alone!
- Information about what is/can be expected with school age related problems and how middle school and the high school is run.
- Learning from other single parents about their challenges and what strategies they find successful.
- Connection with other single parents; resources and suggestions about dealing with my kids.
- Met nice people!
- Additional resources; I'm not alone.

What did you like best about participating in this group?

- Getting other ideas/insights from the others in the group.
- Solving issues.
- Meeting other people in the same situation.
- Getting more comfortable as the weeks went on.
- How I could relate to others; I felt like I wasn't alone.
- Everybody got the opportunity to share and discuss.
- A place to debrief about difficult situation with my kids; reading materials.
- Group support!
- Flexibility in topics.

What did you like least about participating in this group?

- On occasion it felt like certain personalities monopolized the floor –but that's bound to happen.
- That it ended as everyone became most comfortable with each other.
- Focusing too much on one person's problem.
- It's an incredibly small thing, but I didn't like the ice breaker on the first night, it meant somebody we just met introduced each of us to the whole group.
- n/a
- Nothing. (x2)
- Too broad a range; everyone has different situations.
- Imbalance in the male/female ratio.

How can we improve this group?

- Keep it going!
- Continue in fall or throughout the year.
- Maybe narrow the age range of children.
- Lengthen the number of weeks.
- It should go a little longer. (x2)
- It wouldn't require a whole session, but maybe some tips or handouts about financial & budgeting info specific to single parents.
- Have a reunion at some point.
- Possibility of groups with different age children; address more specific needs.

Please comment on the following:

Day/Time of group:

- Perfect time! (x2)
- Favorable!
- Great! (x4)
- Good.
- Fine.

Facilities:

- Nice. (x2)
- Favorable!
- Great! (x2)
- Fine. (x2)
- Good. (x2)

Babysitting:

- Great, my son enjoyed coming here too.
- Favorable!
- Great! (x2)
- Did not use.
- Unknown.
- Excellent!
- n/a –necessary for some.
- n/a

Refreshments/dinner:

- Delish!
- Favorable!
- Good.
- Great! Thanks!
- Great! (x3)
- Good, Thank you!
- Fine, Thank you!

Would you be interested in special events such as,

- 5** Parent Night Out
- 6** Reunion Night
- 2** Other [Adolescent Group](#)
[Getting together with the kids](#)

Feedback for the facilitator/Other comments:

- Thank you! (x2)
- Katy is great and she is knowledgeable. Great resources too. Overall I was very pleased with the group.
- Thanks Katy!
- Great!