

Evening Social Service Office Hours

Monday Evenings 5:30-8:00pm

Social Service staff are available to offer support to elders and their families during extended evening hours. We are here to provide counseling and answer questions related to the following areas:

- ◇ Housing
- ◇ Transportation
- ◇ Health Insurance
- ◇ Counseling Services
- ◇ Substance Use Support
- ◇ Mental Health Services
- ◇ Health & Wellness
- ◇ Home Care
- ◇ Volunteer Opportunities
- ◇ Benefits & Assistance
- ◇ Senior Living Options
- ◇ Hospice Care
- ◇ Meal & Shopping Assistance
- ◇ Support Groups
- ◇ Long-Term Care Planning
- ◇ Caregiver Resources
- ◇ Advanced Care Planning
- ◇ Recreation Opportunities

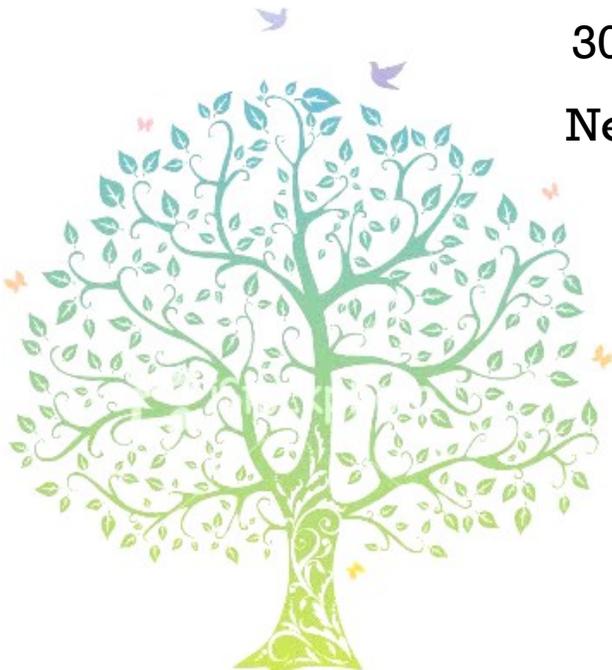
.....and much more!

Needham Council on Aging Center at the Heights

300 Hillside Avenue

Needham, Ma 02494

781-455-7555



**To make an appointment,
please call**

**Kerrie Cusack, LCSW at
781-455-7555 ext. 205 or email
kcusack@needhamma.gov**