

*A program of Needham Youth Services
in partnership with The Rotary Club of Needham*

Single Parent Support Group

Being a parent is something you wouldn't change for the world — but doing it alone can sometimes drive you to exhaustion.

Are you a single parent interested in participating in a group addressing such issues as time management, raising healthy children, taking care of yourself, while at the same time getting to know other single parents?

For information and to register, contact:

Katy Colthart, LICSW at 781-455-7500 x264
or by email at kcolthart@needhamma.gov



DATES:

Tuesday, July 12th

Tuesday, July 19th

Tuesday, July 26th

Tuesday, August 2nd

Tuesday, August 9th

Tuesday, August 16th

TIME:

6:15 - 7:45 pm

Program Details

- This group is FREE
- Childcare is provided onsite
- A light dinner will be served for both parents and children
- The group will be limited to 12 participants
- We ask that you please try to attend all group meetings
- All conversations will remain confidential

You must register in advance

**Registration Deadline is
July 1st**

www.needhamma.gov/youth/singleparent