

**Middle School Optional Questions by Gender and Grade, 2014**  
**Pollard Middle School, Needham (Grades 7-8)**  
*MetroWest Adolescent Health Survey, 2014*

	Total (%)	Gender (%)		Grade (%)	
		Female	Male	7 <sup>th</sup>	8 <sup>th</sup>
	(804)	(400)	(403)	(373)	(431)
<b>111a. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?</b>					
No risk	2.4	2.3	2.6	2.7	2.1
Slight risk	4.1	3.6	4.6	4.6	3.6
Moderate risk	13.2	12.7	13.8	14.4	12.2
Great risk	80.3	81.5	79.0	78.2	82.1
<b>111b. How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage nearly every day?</b>					
No risk	3.2	3.8	2.6	3.8	2.6
Slight risk	13.5	10.9	16.2	12.3	14.6
Moderate risk	39.5	40.9	38.2	38.4	40.4
Great risk	43.8	44.4	43.1	45.5	42.3
<b>111c. How much do you think people risk harming themselves (physically or in other ways) if they have five or more drinks of an alcohol beverage once or twice a week?</b>					
No risk	3.4	2.8	4.1	4.4	2.6
Slight risk	7.5	6.6	8.5	8.7	6.5
Moderate risk	30.5	28.8	32.4	29.8	31.2
Great risk	58.5	61.8	55.0	57.1	59.7
<b>111d. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?</b>					
No risk	4.0	3.6	4.3	4.1	3.8
Slight risk	7.5	5.9	9.2	5.2	9.6
Moderate risk	29.2	27.6	30.9	28.3	30.0
Great risk	59.3	63.0	55.5	62.4	56.6
<b>111e. How much do you think people risk harming themselves (physically or in other ways) if they use prescription drugs that are not prescribed to them?</b>					
No risk	2.8	3.0	2.6	2.7	2.9
Slight risk	2.8	2.5	3.1	3.3	2.4
Moderate risk	19.5	16.5	22.6	19.7	19.4
Great risk	74.9	77.9	71.7	74.3	75.4

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	(804)	(400)	(403)	(373)	(431)
<b><i>112a. How wrong do your parents feel it would be for you to smoke tobacco?</i></b>					
Not at all wrong	0.1	0.0	0.3	0.3	0.0
A little bit wrong	0.6	0.8	0.5	0.8	0.5
Wrong	8.3	5.1	11.5	6.8	9.5
Very wrong	91.0	94.2	87.7	92.1	90.0
<b><i>112b. How wrong do your parents feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?</i></b>					
Not at all wrong	0.4	0.0	0.8	0.3	0.5
A little bit wrong	1.1	1.0	1.3	0.8	1.4
Wrong	11.5	8.4	14.7	9.6	13.1
Very wrong	87.0	90.6	83.3	89.3	85.0
<b><i>112c. How wrong do your parents feel it would be for you to smoke marijuana?</i></b>					
Not at all wrong	0.8	0.3	1.3	0.5	1.0
A little bit wrong	1.4	1.3	1.5	0.5	2.1
Wrong	5.1	2.5	7.7	4.9	5.2
Very wrong	92.8	95.9	89.5	94.0	91.7
<b><i>112d. How wrong do your parents feel it would be for you to use prescription drugs not prescribed to you?</i></b>					
Not at all wrong	0.1	0.0	0.3	0.3	0.0
A little bit wrong	0.5	0.5	0.5	0.5	0.5
Wrong	5.5	2.3	8.7	5.4	5.5
Very wrong	93.9	97.2	90.6	93.8	94.0
<b><i>113a. How wrong do your friends feel it would be for you to smoke tobacco?</i></b>					
Not at all wrong	0.8	0.3	1.3	0.8	0.7
A little bit wrong	3.8	1.5	6.2	2.5	5.0
Wrong	23.6	15.8	31.5	20.9	26.0
Very wrong	71.8	82.4	61.0	75.8	68.3

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<b>113b. How wrong do your friends feel it would be for you to have one or two drinks of an alcoholic beverage nearly every day?</b>					
Not at all wrong	1.2	0.8	1.5	1.4	1.0
A little bit wrong	5.4	3.1	7.7	3.6	6.9
Wrong	22.6	14.5	30.8	19.2	25.6
Very wrong	70.8	81.6	59.9	75.8	66.5
<b>113c. How wrong do your friends feel it would be for you to smoke marijuana?</b>					
Not at all wrong	1.5	1.0	2.1	1.4	1.7
A little bit wrong	4.2	2.3	6.2	2.8	5.5
Wrong	17.8	11.5	24.2	14.9	20.3
Very wrong	76.4	85.2	67.5	81.0	72.5
<b>113d. How wrong do your friends feel it would be for you to use prescription drugs not prescribed to you?</b>					
Not at all wrong	1.0	0.3	1.8	1.1	1.0
A little bit wrong	3.3	1.8	4.9	3.3	3.3
Wrong	19.2	11.5	27.1	17.4	20.8
Very wrong	76.4	86.5	66.1	78.2	74.9
<b>114a. How often do you worry or feel stressed about school issues (like grades, homework, tests)?</b>					
Never or hardly ever	5.2	2.0	8.4	7.6	3.1
Rarely	16.8	8.6	25.1	22.6	11.8
Sometimes	36.6	35.4	37.6	38.9	34.6
Often	28.1	33.9	22.3	23.9	31.8
Very often	13.3	20.0	6.6	7.1	18.7
<b>114b. How often do you worry or feel stressed about social issues (like friendships, dating, teasing)?</b>					
Never or hardly ever	25.8	21.9	29.5	31.4	20.9
Rarely	29.9	25.7	34.1	30.1	29.7
Sometimes	25.8	27.7	23.9	24.3	27.1
Often	12.5	15.3	9.7	9.8	14.7
Very often	6.1	9.4	2.8	4.4	7.6

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	(804)	Female (400)	Male (403)	7 <sup>th</sup> (373)	8 <sup>th</sup> (431)
<b>114c. How often do you worry or feel stressed about family issues (like your relationship with your parent(s), your family's financial situation, family health concerns)?</b>					
Never or hardly ever	40.2	38.1	42.2	46.0	35.2
Rarely	30.1	31.0	29.3	29.2	30.9
Sometimes	16.9	16.2	17.6	13.9	19.5
Often	6.7	5.1	8.4	5.2	8.1
Very often	6.1	9.6	2.5	5.7	6.4
<b>114d. How often do you worry or feel stressed about safety issues (like violence or fear for your safety at home, school, or in your neighborhood)?</b>					
Never or hardly ever	64.9	66.5	63.2	68.8	61.5
Rarely	24.5	21.1	27.9	21.5	27.1
Sometimes	6.3	6.9	5.8	6.5	6.2
Often	2.8	3.6	2.0	2.2	3.3
Very often	1.5	2.0	1.0	1.1	1.9
<b>114e. How often do you worry or feel stressed about appearance issues (like your weight, how you look)?</b>					
Never or hardly ever	31.6	26.2	36.9	36.4	27.4
Rarely	28.7	23.8	33.6	29.0	28.4
Sometimes	20.5	21.5	19.6	18.9	22.0
Often	10.8	13.8	7.9	8.5	12.9
Very often	8.3	14.6	2.0	7.1	9.3
<b>114f. How often do you worry or feel stressed about your physical and/or emotional health?</b>					
Never or hardly ever	46.0	42.9	49.2	53.8	39.1
Rarely	25.9	24.4	27.3	26.1	25.8
Sometimes	16.8	17.5	16.1	10.3	22.4
Often	7.5	9.9	5.1	5.7	9.1
Very often	3.8	5.3	2.3	4.1	3.6