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CLINICAL SERVICES

Individual and Family Counseling

Confidential counseling is available from our trained and committed staff. We accept referrals from the schools, courts, and parents. If for any reason we cannot be of support, we provide referrals to organizations with the resources to be of assistance.

Bullying Intervention Program

This assessment, education, and skill building program addresses behaviors and underlying motivations related to bullying. Participants investigate their own motivation, learn about the impact of their actions, and gain awareness about the laws regarding bullying.

Substance Abuse Awareness Program

This 15-hour assessment, education, and skill building program takes an innovative approach to the topic of alcohol and drugs. Participants investigate current levels of use and the internal and external motivations for their substance use.

Seminars, Trainings, & Support Groups

Below is a sampling of groups and workshops we offer for children, adolescents, & parents. Please contact the office for a complete list of all of our seminars, trainings and workshops.

- * Safe Surf Seminars (Internet safety and cyber friendships)
- * Adoptive Parents Group
- * Babysitter Training
- * Teen Dating Violence Seminars
- * Extreme Looks (mind/body/spirit program for girls)
- * Parent Dialogue Meetings
- * QPR Suicide Prevention Seminars
- * Single Parent Support Group
- * A Conversation...For Parents of Teens
- * Picture Perfect (how the media impacts youth)

PROGRAMMATIC SERVICES

Employment & Volunteer

This program assists youth in obtaining business and residential employment, as well as residents requiring assistance for around - the - house chores (www.needhamma.gov/youth/employment). For youth desiring a volunteer experience we have a directory of opportunities (www.needhamma.gov/youth/volunteerteam).

Peer Tutor

This exciting youth - to - youth program pairs high school volunteers with middle and elementary school students in need of academic/organizational support. Tutors complete an extensive orientation and meet for the entire academic year (www.needhamma.gov/youth/peertutor).

Diversion/Restitution

Youth who commit minor violations of the law may have the option to provide community service. Working with the courts & Needham police, we assist youth and families in developing appropriate methods of making decisions (www.needhamma.gov/youth/diversion).

VIP

The VIP (Valuable Interactions among Peers) Program matches high school students with elementary students to spend quality one-on-one time interacting and playing, while building connections, confidence, as well as self-esteem (www.needhamma.gov/youth/vip).

Project VAN

Project VAN (Volunteers Around Needham) is a summer group program involving youth in volunteer opportunities. Project VAN benefits the community and is an empowering experience for youth (www.needhamma.gov/youth/van).