

Needham Resources
www.town.needham.ma.us/

Public Safety

- Emergency (Police, Fire, Medical) 911
- Fire (non-emergency) 781-455-7580
- Police (non-emergency) 781-455-7570
- Emergency Management 781-455-7523

Public Health

- Needham Public Health 781-455-7523
www.town.needham.ma.us/BOH/

Public Schools

- Needham Public Schools 781-455-7507
<http://www.needham.k12.ma.us/>

Other Town Numbers

- Town of Needham 781-455-7500
- Town Manager's Office 781-455-7530
- Public Works Department 781-455-7534
www.town.needham.ma.us/DPW/

During an emergency, watch local access TV or listen to local radio for information and instructions



Needham Health Department

State & Federal Resources

State

Public Safety

Executive Office of Public Safety 617-727-7775
www.mass.gov/eops

Massachusetts Emergency Management Agency
www.mass.gov/mema

Public Health

Massachusetts Department of Public Health
www.mass.gov/dph
 Recorded Information Line 866-627-7968

Federal

Public Safety

Federal Emergency Management Agency
www.fema.gov

Homeland Security
www.dhs.gov

Public Health

Centers for Disease Control
www.cdc.gov

Environmental Protection Agency
www.epa.gov

Health & Human Services
www.hhs.gov/emergency

Preparedness Resources

American Red Cross
www.redcross.org

Medical Reserve Corps
www.medicalreservecorps.gov

Ready.gov
www.ready.gov

Planning For Your Pets
www.ready.gov/america/_downloads/pets.pdf



Developed by the Cambridge
 Advanced Practice Center for
 Emergency Preparedness

Family Communication Plan

Complete this list and make copies for each person in your home.

Meeting Places

Outside your home:

Outside your neighborhood:

Out of State contact:

Name: _____

Telephone: _____

Email: _____

Family Information:

Name: _____

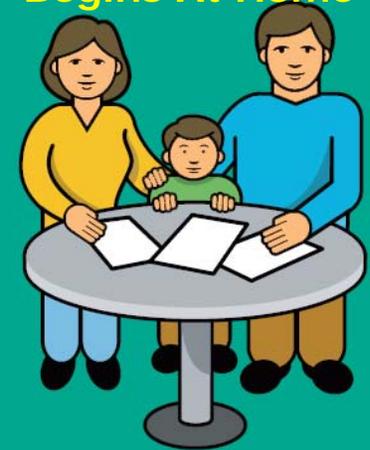
Cell phone: _____

Medical information: _____

Other Information:

Be Prepared. Plan Ahead.

Emergency Preparedness Begins At Home



Needham Health Department

Planning ahead for an emergency will give you peace of mind and can keep your family and friends safe. Needham officials are preparing for a range of possible emergencies, from hurricanes and blizzards to a flu pandemic and acts of terrorism. You can help also. Here are some simple steps you can take:



Family Communication Plan
 Know how your family will contact each other and where you will meet.

Food & Water

Have a 3-day food and water supply for each person in your home. Remember individual diet needs.



First Aid & Tools

Have a first aid kit with health products and prescription medicine.



Evacuation Kit

Have supplies ready in your car or in a backpack in case you must leave home. Pack lightly and include basic supplies for 24 to 48 hours.



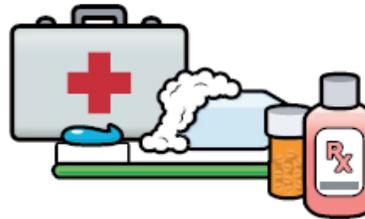
Review **Every 6 months** review your plans and supplies with everyone in your home. Replace expired food, water, and medicine. Update your communication plan.

**Your plan and emergency supplies should meet your family's needs.
Add to this list as you think of other essential items.**

Food & Water
3-day food and water supply



- Bottled Water**
- One gallon, per person, per day
 - Keep in cool, dry place
- Dry & Canned Foods**
- Canned fruits, vegetables & meats
 - Manual can opener
 - Juice boxes, canned milk
 - Dried fruit, nuts, crackers, cereal bars
 - Baby food and formula
 - Pet food



First Aid

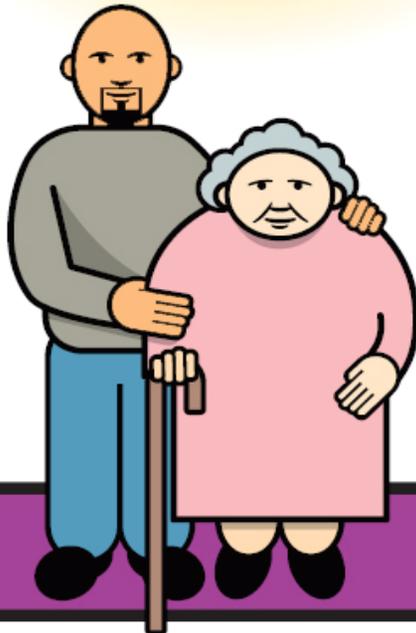
- First Aid Kit**
- Bandages, gauze, rubbing alcohol
 - Medical gloves and tape, scissors
 - Pain reliever
 - Prescription medicine
- Health Products**
- Soap, toilet paper, toothpaste

Tools & Special Items
Remember these important items:

- Flashlight, battery-powered radio
- Extra batteries
- Important documents such as birth certificates and bank account numbers



**Encourage others to plan ahead.
Remember neighbors who need help.**



Family Communication Plan
Your family may not be together when an emergency occurs. Plan how you will contact each other.

- Include an out-of-state contact for family members to check in with.
- Complete this list and make copies for each person in your home.



Evacuation Kit
Pack lightly for 24 to 48 hours.

- A change of clothing
- Bottled water and cereal bars
- First aid supplies
- Prescription medicine

Planning can be a family project. Involve children and discuss why you are planning.