

NEEDHAM YOUTH COMMISSION

1471 Highland Avenue - Town Hall Needham, MA 02492

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www.town.needhamma.gov/youthcommission

FY 2008 Statistical Summary of Services

Clinical Services

Presenting Problems:

- Family 36%
- School 18%
- Social 12%
- Drugs/Alcohol 14%
- Other (e.g. loss, abuse) 20%

Source of Referral:

- Parent 36%
- Schools – Secondary 21%
- Self 9%
- Schools – Elementary 21%
- Other 12%

Individual/Family Counseling Hours: 647

Group Counseling/Psych-Ed Hours: 292

Trainings/Workshops/EventsPresentations

- Loss Program
- Parents Please Talk With Your Mouth Full
- Safe Surf: Internet Safety Workshops
- A Conversation...For Parents of Teens
- Extreme Looks
- Babysitter Training Seminars
- Presentations to school/community groups
- PEEPS (Positive Education for Experiencing Peer Stress)
- Picture Perfect
- QPR (Suicide Prevention Training)
- Take Back The Night
- Books and Bridges (Parent/Child Book Club)
- Teen Dating Violence Seminars
- Darkness Visible (Discussion of book focusing on suicide)
- Make A Statement Day

Total Number of Participants: 4052

Program Highlights

- **Needham Unplugged**
Established in 2002, this yearly program has been embraced by this community and replicated in over a dozen other Massachusetts cities and towns.
- **Employment & Volunteer Programs**
In the past year 267 inquiries for Employment/Volunteer assistance were recorded. Project VAN (Volunteers Around Needham) provided 403 hours of community service to town and non-profit organizations.
- **Peer Tutor Program**
1,500 hours of peer tutoring services were created and monitored by the Youth Commission in FY 08.
- **Graduate/Undergraduate Internship Program**
This program provided an additional 650 hours of free services to Needham Youth and families over this year.
- **40th Anniversary Celebration of the Youth Commission**
Publication of a calendar with parenting articles, creation of a video highlighting services and programs, and other initiatives to acknowledge this milestone.
- **Community Outreach**
 - **Publications:**
Youth Source Newsletter, Ask the Youth Commission Newspaper Articles, Needham Youth Card, Parenting Guide to Teen Parties, Parent Dialogue Materials, Making the Middle School Years Work, Networks: A Directory of Area Mental Health Supports and Services, Safe Surf: Internet Safety Guide for Youth/Parents, and many others.
 - **Committees & Partnerships:**
Needham Coalition for Suicide Prevention, Needham Women's Club, Domestic Violence Action Committee, Needham Business Association, Olin College, Needham Public Schools, Needham Community Council, School Health Advisory Council, Rotary Club of Needham, YMCA – Charles River, Exchange Club, and many others.