

# Needham Youth Services

## Fall and Winter Programs 2015 / 2016

**Programs for  
kids of all ages**

**Trainings for  
parents**

**Counseling  
Services**

**Workshops  
in schools**

**Community  
Presentations**



Volunteers helping to clean the Needham Housing Authority as part of our summer program Project VAN (Volunteers Around Needham).

**Registration begins Tuesday, September 8, 2015**

**Registrations are accepted as follows:**

**In Person:** Monday - Friday, 8:30am - 5:00pm  
Needham Youth Services' Office

**Mail:** Needham Youth Services  
Needham Town Hall  
1471 Highland Avenue  
Needham, MA 02492

To learn more about Needham Youth Services  
or if you have questions, please call our office at **781-455-7500 x267**

For notification of upcoming programs, join our listserv at:

[www.needhamma.gov/youth/email](http://www.needhamma.gov/youth/email)

Or like us on Facebook at:

[www.facebook.com/NeedhamYouthServices](http://www.facebook.com/NeedhamYouthServices)

[www.needhamma.gov/youth](http://www.needhamma.gov/youth)



## Fall/Winter School Partnership Programs

Ask your child about these upcoming workshops at...

*Needham High School:*

**Loss and Teen Dating Violence** seminars

*Pollard Middle School:*

**Picture Perfect**

workshop on gender roles & the media

*High Rock:*

**Safe Surf Internet Program**

workshop on friendship and cyber-bullying

*Elementary schools:*

**Social skills groups**

## Fall/Winter Youth Programs

### Babysitter Training Course

We offer a Babysitter Training Seminar for new babysitters or for those with limited experience who desire a refresher class. The training is six hours and is offered as a three-day course. Students must be at least in the sixth grade and / or 11 years old to take the class.



**Dates:** Training 1: October 7, 14, 21  
Training 2: November 10, 17, 24

**Cost:** \$45 (waived in the event of financial need)

**Location:** Trainings 1 at High Rock (2:40 - 4:40pm)  
Trainings 2 at Pollard (2:50 - 4:50pm)

**Registration is mandatory**

**Facilitator:** Meaghan Dupuis, LMHC  
Additional sessions will be offered in the spring.  
Learn more at [www.needhamma.gov/youth/babysitting](http://www.needhamma.gov/youth/babysitting)

### Counseling Services

Confidential individual, group, and family counseling for youth is available from our trained and committed staff. We accept referrals from the schools, courts, and parents.

#### Substance Abuse Awareness Program:

An assessment, education, and intervention program, which takes an innovative approach to the topic of alcohol and drugs.

#### Bullying Intervention Program:

Includes assessment, skill-building, and education. Participants gain an appreciation of the dangers of bullying and learn the skills needed to make mature and responsible decisions in the future.

Learn more about our counseling services at: [www.needhamma.gov/youth/counselingservices](http://www.needhamma.gov/youth/counselingservices).

### Meet the Staff



Jon Mattleman  
MS Counseling  
Director  
[jmattleman@needhamma.gov](mailto:jmattleman@needhamma.gov)

Katy Colthart  
LICSW  
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Adina Alpert  
MS Counseling Psychology  
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Maria Papantoniou  
Administrative Assistant  
[mpapantoniou@needhamma.gov](mailto:mpapantoniou@needhamma.gov)



### RAY of Hope

The RAY of Hope award (Recognize A Youth) is a monthly recognition of a youth who is giving back to the community and/or is a role model for their peers. The program has no age limit —kindergarten through high school...and yes, we have had recipients as young as 5 years old!

To learn more and/or to nominate a youth for "RAY" you can download a form online at: [www.needhamma.gov/youth/ray](http://www.needhamma.gov/youth/ray) or one can be obtained at the Needham Youth Services office.

# Fall/Winter Parent Programs

## A Conversation...For Parents of Teens



Funded by the Needham Women's Club, this **free** program is limited to 8 participants per evening and creates a forum in which parents discuss the challenges of parenting teens in a supportive and confidential setting. Parents may attend any/all of the following evening meetings. Dinner will be provided. Additional sessions will be offered in the spring. Learn more at [www.needhamma.gov/youth/aconversation](http://www.needhamma.gov/youth/aconversation) The dates for the program are:

**October 27:** Teen anxiety, depression, & suicide

**November 17:** Make peace (and not war) with your teen

**January 26:** Teen risk-taking behaviors and what parents do about it

**February 23:** The hidden dangers of teens & technology: keeping teens emotionally safe online (*Registration for this program will open on January 4, 2016*)

**Time:** 5:30-7:30pm

**Facilitator:** Jon Mattleman ([jmattleman@needhamma.gov](mailto:jmattleman@needhamma.gov))

**You MUST register in advance to attend.**

## QPR Suicide Prevention Training

The Needham Coalition for Suicide Prevention and Needham Youth Services are offering **free** QPR trainings. QPR (Question, Persuade, Refer) is based upon the following concepts: Those who most need help in a suicidal crisis are the least likely to ask for it; The person most likely to prevent a person dying by suicide is someone they already know; and, That prior to making a suicide attempt a person typically sends warning signs of their distress and suicidal intent to those around them. Learn more at [www.needhamma.gov/youth/QPR](http://www.needhamma.gov/youth/QPR).

**Date:** February 3, 2016

**Time:** 7-9pm

**Facilitator:** Jon Mattleman ([jmattleman@needhamma.gov](mailto:jmattleman@needhamma.gov))

**You MUST register in advance to attend.**

## Patrick C. Forde Good Person Memorial Award

Named after Needham resident and community activist Patrick Forde, each year this award recognizes an adult in the community who has helped make Needham a better place for youth through his/her volunteer work.

Learn more at :

[www.needhamma.gov/youth/fordeaward](http://www.needhamma.gov/youth/fordeaward)

### **Please Nominate!**

Forde Award recipients are nominated by members of the Needham Community, and we are looking for nominations for our next Forde Award recipient!

Nominated individuals must:

- 1) *Be a Needham resident*
- 2) *Be at least 21 years of age*
- 3) *Not be paid for their work with children, youth, and/or families for which they are being nominated*

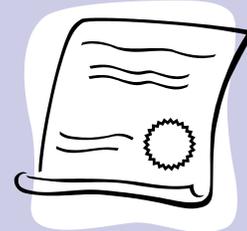
Nominations will be accepted for the 2016 recipient until October 30, 2015.

Nomination forms are available in the Youth Services' Office and online at

[www.needhamma.gov/youth/fordeaward](http://www.needhamma.gov/youth/fordeaward).

Once a recipient has been chosen, the public is invited to the:

**Award Ceremony**  
**January 25, 2016 at 5:00 PM**  
**Powers Hall-Town Hall**



## Adoptive Parents Group

A **Free** 4 week group for adoptive parents

**Dates for: Parents of preschool up to 6th grade.**  
Thursdays, October 22nd, 29th, November 5th, 12th

**Dates for: Parents of 7th graders and up.**  
Thursdays, March 3rd, 10th, 17th, and 24th

**Registration is required**

**Time:** 7:30-9pm

**Facilitator:** Michelle Terry-David, LICSW

For additional information please contact Maria

Papantoniou at: [mpapantoniou@needhamma.gov](mailto:mpapantoniou@needhamma.gov)

[www.needhamma.gov/youth/adoption](http://www.needhamma.gov/youth/adoption)

# General Information

Most of our services are **Free** of charge



## Join our Email Listserv

If you are interested in receiving periodic updates of Needham Youth Services' programs that may be of interest to you and/or your children, please visit our website at [www.needhamma.gov/youth/email](http://www.needhamma.gov/youth/email).

## Payment

Most of our services are FREE of charge. If the program charges a fee, payment must accompany all registrations. Checks should be made payable to "Town of Needham - Youth Services".

## Fee Assistance

Financial aid is available to all Needham residents and Needham students. A letter requesting assistance must be submitted to the Director of Needham Youth Services at the time of registration. To learn more, please visit our website at [www.needhamma.gov/youth/fee](http://www.needhamma.gov/youth/fee).

## Course Confirmation

We will confirm registrations by phone, email, or mail. You will be notified if the program is full or cancelled and your payment will be refunded.

## Inclement Weather

It is our policy that if Needham Public Schools close due to weather, our programs will also be cancelled. Weather related cancellations will be posted on our website at [www.needhamma.gov/youth](http://www.needhamma.gov/youth).

## Cancellations

We reserve the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds will not be given; however, we will do our best to reschedule.

## Refunds

If you request to withdraw from a class with sufficient time to get a replacement, a refund may be issued. However, if the slot can not be filled, no refund will be issued. If you do not show up for a class, there is no refund. Refunds will be issued if Needham Youth Services cancels a program and/or you registered for a program and there are no openings.



## Youth Residential Employment Program



The Employment Program assists young people in obtaining business and residential employment, as well as helping residents requiring help for around-the-house chores.

Youth ages 12 to 21 who want to work must register with us by completing a Job Registration Form and a Parent Permission Form. For those 18 years of age and under, a parent or legal guardian must co-sign these forms. Registration forms for youth may be obtained at our office or on the web at [www.needhamma.gov/youth/employment](http://www.needhamma.gov/youth/employment). There is no charge for a youth to sign up for our Employment Program.

Lists of all services offered by youth, such as babysitting, lawn mowing, and moving help, are available for a \$10 fee. These individual lists can be obtained daily at our office.

The Employment Program does not screen any applicants or individuals—we act simply as a clearing house and an information source.

For additional information please contact Maria Papantoniou at 781-55-7500 x 267 or [mpapantoniou@needhamma.gov](mailto:mpapantoniou@needhamma.gov).

## Youth Volunteering & Employment in Businesses

Are you are looking for volunteering or employment positions? If so, please visit our new online listings.

For volunteer information and listings, visit [www.needhamma.gov/youth/volunteerprogram](http://www.needhamma.gov/youth/volunteerprogram).

A listing of job opportunities for youth in local businesses are updated every Monday, and can be found online at [www.needhamma.gov/youth/jobsforyouth](http://www.needhamma.gov/youth/jobsforyouth).

The Employment Program does not screen any volunteer or employment site — we act simply as a clearing house and an information source.

**Look for registration information in May 2016  
for the following 2016 / 2017 programs:**

 **SUMMER: Extreme Looks, Project VAN,  
and Single Parent Support Group**

 **FALL: Peer Tutor Program and VIP Program**

## Needham Youth Services Registration Form

Return/mail to Youth Services Office, 1471 Highland Avenue, Needham, MA 02492 or email to [mpapantoniou@needhamma.gov](mailto:mpapantoniou@needhamma.gov)

### PARTICIPANT INFORMATION (REQUIRED)

Participant's Name:	DOB:
Address:	Zip Code:
Home Phone:	Cell Phone:
Email Address:	Grade & School:

### PARENT/GUARDIAN INFORMATION (REQUIRED FOR MINORS)

Name:	Cell Phone:
Email Address:	

### EMERGENCY INFORMATION (REQUIRED)

Name:	Relationship:	Phone:
Name:	Relationship:	Phone:
Allergies:		Medical Conditions:

### PROGRAM INFORMATION (REQUIRED)

Program Name	Session	Fee
Donation to Needham Youth Services:		\$
Total Amount :		\$
Make Checks payable to "Town of Needham — Youth Services"		

### AUTHORIZATION OF PARTICIPATION (REQUIRED)

I, the undersigned parent/guardian of \_\_\_\_\_, give permission for my child to participate in a Needham Youth Services' program. In the event of medical emergency, I authorize the staff to seek medical attention as required. Further, I shall indemnify and hold harmless and hereby release, remise, and forever discharge the Town of Needham from any and all liability, suits, losses, cause of actions, damage arising or occurring out of participation in the abovementioned program and/or arising or occurring out of any said medical attention.

**SIGNATURE** \_\_\_\_\_ **Date** \_\_\_\_\_

### AUTHORIZATION TO PHOTOGRAPH/VIDEOTAPE (OPTIONAL)

I, \_\_\_\_\_, do hereby give permission to the Needham Youth Services to photograph/videotape me and/or my children as participants in a Needham Youth Services program. I understand that I will not receive any compensation or have any rights to these photographs/videos and I release the Town of Needham from any liability for their use. I understand that these photographs or videotape may be used in one or all of the following ways:

- As part of the Needham Youth Services' website or social media site (e.g. Facebook).
- As part of an application/submission to potential funding sources.
- As part of an article in print media (Needham Times, Hometown Weekly, Boston Globe, Needham Patch, etc.).
- As a video segment on The Needham Channel which may also be posted on their website and/or YouTube.

**SIGNATURE** \_\_\_\_\_ **Date** \_\_\_\_\_