

# NEEDHAM YOUTH COMMISSION

1471 Highland Avenue - Town Hall Needham, MA 02492

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www.town.needham.ma.us/youth

## *FY 2007 Statistical Summary of Services*

### Clinical Services

#### **Presenting Problems:**

- Family 26%
- School 21%
- Social 18%
- Drugs/Alcohol 16%
- Other (e.g. loss, abuse) 19%

#### **Source of Referral:**

- Parent 42%
- Schools – Secondary 25%
- Self 14%
- Schools – Elementary 5%
- Other 14%

**Individual/Family Counseling Hours: 711**

**Group Counseling/Psych-Ed Hours: 306**

### Trainings/Workshops/Events/Presentations

- **LINCS** (Loss Information & Community Support)
- **Active Parenting of Teens**
- **Safe Surf: Internet Safety Workshops**
- **A conversation...For Parents of Teens**
- **Extreme Looks**
- **Babysitter Training Seminars**
- **Presentations to school & community groups**
- **PEEPS** (Positive Education for Experiencing Peer Stress)
- **Picture Perfect**
- **QPR** (Suicide Prevention Training)
- **Welcoming Workshop** (for new public school staff)
- **Books and Bridges** (Parent/Child Book Club)
- **Teen Dating Violence Seminars**
- **Darkness Visible** (Discussion of book focusing on suicide)
- **Make A Statement Day**

**Total Number of Participants: 2743**

### Program Highlights

- **Website**  
The Youth Commission recorded over 60,000 “hits” to our website over the past year.
- **Employment & Volunteer Programs**  
In the past year 274 inquiries for Employment/Volunteer assistance were recorded. Project VAN (Volunteers Around Needham) provided over 400 hours of community service to town and non-profit organizations.
- **Peer Tutor Program**  
1,500 hours of peer tutoring services were created and monitored by the Youth Commission in FY 07.
- **Graduate/Undergraduate Internship Program**  
This program provided an additional 1,000 hours of free services to Needham Youth and families over this year.
- **New Programs/Services**  
Patrick C. Forde Memorial Good Person Award, QPR Suicide Prevention Workshops, and Metco After-School Program.
- **Community Outreach**
  - **Publications:**  
Youth Source Newsletter, Ask the Youth Commission Newspaper Articles, Needham Youth Card, Parenting Guide to Teen Parties, Parent Dialogue Materials, Making the Middle School Years Work, Networks: A Directory of Area Mental Health Supports and Services, Safe Surf: Internet Safety Guide for Youth Parents, and many others.
  - **Committees & Partnerships:**  
Needham Coalition for Suicide Prevention, Needham Women’s Club, Domestic Violence Action Committee, Needham Business Association, Olin College, Needham Public Schools, Needham Community Council, School Health Advisory Council, Rotary Club of Needham, YMCA – Charles River, Exchange Club, and many others.