

# NEEDHAM YOUTH COMMISSION

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## *FY 2004 Statistical Summary of Services*

### Clinical Services

#### **Presenting Problems:**

- Family 26%
- Social 22%
- Drugs/Alcohol 19%
- School 16%
- Other (e.g. loss, abuse) 17%

#### **Source of Referral:**

- Parent 27%
- Schools - Secondary 24%
- Schools - Elementary 19%
- Self 16%
- Other 14%

**Individual/Family Counseling Hours: 663**

**Group Counseling/Psych-Ed Hours: 222**

### Trainings/Workshops/Presentations

- **LINCS** (Loss Information & Community Support)
- **Active Parenting of Teens**
- **Drug/Alcohol Seminars**
- **Sexual Harassment Seminars**
- **Extreme Looks**
- **Babysitter Training Seminars**
- **Presentations to school/community groups**
- **PEEPS** (Positive Education for Experiencing Peer Stress)
- **Picture Perfect**
- **Stress Workshops**
- **FFLIX (film series and discussion)**
- **Parents Please Talk With Your Mouth Full**
- **Books and Bridges** (Parent/Child Book Club)
- **Teen Dating Violence Seminars**

**Total Number of Participants: 1,846**

### Program Highlights

#### ❖ **Diversion/Restitution Program**

The Youth Commission monitored 423 hours of free community service to town departments/sites.

#### ❖ **Employment & Volunteer Programs**

In the past year 326 inquiries for Employment/Volunteer assistance were recorded. Project VAN (Volunteers Around Needham) provided over 350 hours of community service to town and non-profit organizations.

#### ❖ **Peer Tutor Program**

1203 hours of peer tutoring services were created and monitored by the Youth Commission in FY 04.

#### ❖ **Graduate/Undergraduate Internship Program**

This program provided an additional 700 hours of free services to Needham Youth and families over this year.

#### ❖ **Community Outreach**

- **Publications:** Youth Source, Ask the Youth Commission, Youth Card, Parenting Guide to Teen Parties, Parent Dialogue Materials, Making the Middle School Years Work, KIDS Survival Guide.
- **Committees & Partnerships:** Community Wellness Collaborative, Domestic Violence Action Committee, Needham Business Association, Olin College, Needham Public Schools, Needham Community Council, Beth Israel Deaconess Hospital, and many others.