

NEEDHAM YOUTH COMMISSION

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FY 2003 Statistical Summary of Services

Clinical Services

Presenting Problems:

- | | |
|----------------------------|-----|
| ➤ Family | 33% |
| ➤ School | 22% |
| ➤ Social | 19% |
| ➤ Drugs/Alcohol | 13% |
| ➤ Other (e.g. loss, abuse) | 13% |

Source of Referral:

- | | |
|------------------------|-----|
| ➤ Schools - Secondary | 14% |
| ➤ Schools - Elementary | 31% |
| ➤ Parent | 45% |
| ➤ Self | 8% |
| ➤ Other | 2% |

Individual/Family Counseling Hours: 609

Group Counseling/Psych-Ed Hours: 243

Trainings/Workshops/Presentations

- **LINCS** (Loss Information & Community Support)
- **Active Parenting of Teens**
- **Drug/Alcohol Seminars**
- **Sexual Harassment Seminars**
- **Extreme Looks**
- **Babysitter Training Seminars**
- **Presentations to school & community groups**
- **KIDS** (Kids Involvement in Divorce and Separation)
- **PEEP's** (Positive Education for Experiencing Peer Stress)
- **Picture Perfect**
- **ELNA Conference**
- **Needham Public Schools - New Staff Training**
- **Books and Bridges** (Mother/Daughter Book Club)
- **Transitions**
- **Teen Dating Violence Seminars**

Total Number of Participants: 4356

Program Highlights

❖ **Diversion/Restitution Program**

The Youth Commission monitored 190 hours of free community service to Town departments/sites in FY 02.

❖ **Employment & Volunteer Programs**

In the past year 347 inquiries for Employment/Volunteer assistance were recorded.

❖ **Peer Tutor Program**

956 hours of peer tutoring services were created and monitored by the Youth Commission in FY 02.

❖ **Graduate/Undergraduate Internship Program**

This program provided an additional 600 hours of free services to Needham Youth and families over this year.

❖ **Summer Programs**

Project VAN (Volunteers Around Needham) provided over 350 hours of community service to town and non-profit organizations, and Extreme Looks provided an intensive 4-day mind/body spirit program for girls 13 – 15.

❖ **Community Outreach**

- **Publications:** Youth Source, Ask the Youth Commission, Youth Card, Parenting Guide to Teen Parties, Parent Dialogue Materials, Making the Middle School Years Work, KIDS Survival Guide.
- **Committees & Partnerships:** Community Wellness Collaborative, Domestic Violence Action Committee, It Takes a Town, Needham Business Association, Olin College, Needham Public Schools.