

NEEDHAM YOUTH SERVICES

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www.town.needhamma.gov/youth

FY 2010 Statistical Summary of Services

Clinical Services

Presenting Problems:

- Social 23%
- Family 30%
- School 18%
- Drug/Alcohol 19%
- Other (e.g. loss, abuse) 10%

Source of Referral:

- Parent 21%
- Schools – Secondary 29%
- Self 25%
- Schools - Elementary 21%
- Other 4%

Individual/Family Counseling Hours: 530

Group Counseling/Psych-Ed Hours: 378

Trainings/Workshops/Presentations

- **Loss Program**
- **Parenting Programs (many offered)**
- **Safe Surf Internet Program**
- **QPR Suicide Prevention Workshop**
- **Surviving Suicide: A Fathers Journey**
- **Extreme Looks Program for Girls**
- **Babysitter Training Seminars**
- **Presentations to school/community groups**
- **PEEP's (Positive Education for Experiencing Peer Stress)**
- **Picture Perfect Seminar on Body Image**
- **Make A Statement Day Program**
- **Books and Bridges (Parent/child Book Club)**
- **Teen Dating Violence Seminars**

(Please contact the office for a comprehensive listing)

Total Number of Participants: 3866

Program Highlights

❖ **Employment & Volunteer Programs**

In the past year 303 inquiries for Employment/Volunteer assistance were recorded. Project VAN (Volunteers Around Needham) provided over 400 hours of community service to town and non-profit organizations.

❖ **Peer Tutor Program**

1590 hours of peer tutoring services were created and monitored by the Youth Commission in FY 10.

❖ **Graduate/Undergraduate Internship Program**

This program provided an additional 800 hours of free services to Needham Youth and families over this year.

❖ **Community Outreach**

● **Publications:**

Youth Source, Ask the Youth Commission, Youth Card, Parenting Guide to Teen Parties, Parent Dialogue Materials, Making the Middle School Years Work, KIDS Survival Guide, Safe Surf: Internet Safety Guide.

● **Committees & Partnerships:**

Domestic Violence Action Committee, Needham Business Association, Needham Public Schools, Needham Community Council, Health Needham 2011, Rotary Club of Needham. Exchange Club of Needham, Needham Coalition for Suicide Prevention, Needham/Dedham/Westwood Internship Collaborative.