

NEEDHAM YOUTH SERVICES

(formerly known as the Needham Youth Commission)

1471 Highland Avenue - Town Hall Needham, MA 02492

Phone: 781-455-7518 Fax: 781-449-4569

www.needhamma.gov/youth

FY 2009 Statistical Summary of Services

Clinical Services

Presenting Problems:

- Social 32%
- Family 28%
- School 16%
- Drug/Alcohol 13%
- Other (e.g. loss, abuse) 11%

Source of Referral:

- Parent 37%
- Schools – Secondary 30%
- Self 19%
- Schools - Elementary 11%
- Other 3%

Individual/Family Counseling Hours: 555

Group Counseling/Psych-Ed Hours: 449

Trainings/Workshops/Presentations

- **LINCS** (Loss Information & Community Support)
- **Parenting Programs**
- **Safe Surf**
- **QPR**
- **Extreme Looks**
- **Babysitter Training Seminars**
- **Presentations to school/community groups**
- **PEEP's** (Positive Education for Experiencing Peer Stress)
- **Picture Perfect**
- **Make A Statement Day**
- **Sweet Basil**
- **Books and Bridges** (Mother/Daughter Book Club)
- **Teen Dating Violence Seminars**

(Please contact the office for a comprehensive listing)

Total Number of Participants: 4166

Program Highlights

❖ **Employment & Volunteer Programs**

In the past year 302 inquiries for Employment/Volunteer assistance were recorded. Project VAN (Volunteers Around Needham) provided over 440 hours of community service to town and non-profit organizations.

❖ **Peer Tutor Program**

1,537 hours of peer tutoring services were created and monitored by the Youth Commission in FY 09.

❖ **Graduate/Undergraduate Internship Program**

This program provided an additional 800 hours of free services to Needham Youth and families over this year.

❖ **Community Outreach**

● **Publications:**

Youth Source, Ask the Youth Commission, Youth Card, Parenting Guide to Teen Parties, Parent Dialogue Materials, Making the Middle School Years Work, KIDS Survival Guide, Safe Surf: Internet Safety Guide.

● **Committees & Partnerships:**

Domestic Violence Action Committee, Needham Business Association, Needham Public Schools, Needham Community Council, School Health Advisory Council, Rotary Club of Needham. Exchange Club of Needham, Needham Coalition for Suicide Prevention, Needham/Dedham/Westwood Internship Collaborative.